

## Recommended Reading: Pregnancy and Birth

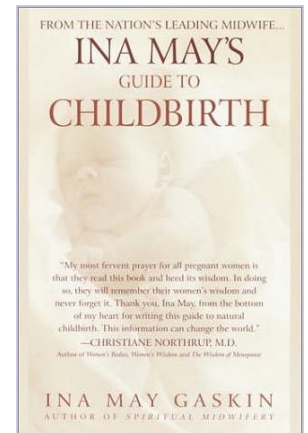
River & Mountain Women's Health  
Susan Rannestad CPM CM & Susanrachel Condon CNM

### Birth Stories

*Ina May's Guide to Childbirth* (2003)  
and  
*Spiritual Midwifery, Fourth Edition* (2002)  
Ina May Gaskin, CPM

*Real Birth: Women Share Their Stories*  
Robin Green, 2000

*Giving Birth: A Journey into the World of Mothers and Midwives*  
Catherine Taylor, 2002



### Preparing for Birth/The Birth Team

*Birthing from Within: An Extra-Ordinary Guide to Childbirth Preparation*  
Pam England and Rob Horowitz, 19998

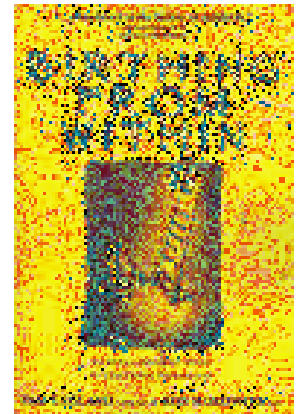
*The Official Lamaze Guide: Giving Birth With Confidence*  
Judith Lothian, 2005

*The Birth Partner, Third Edition: A Complete Guide to Childbirth for Dads, Doulas, and All Other Labor Companions*  
Penny Simkin, 2007

*Pregnancy, Childbirth and the Newborn* by Penny Simkin, 2001

Mothers Naturally  
[www.mothersnaturally.org](http://www.mothersnaturally.org)

*Natural Childbirth the Bradley Way* by Susan McCutcheon, 1996



### Interventions: Benefits and Risks

*The Thinking Woman's Guide to a Better Birth* by Henci Goer, 1999

*Midwifery Today* articles on their web site:  
[www.midwiferytoday.com/articles/index.asp](http://www.midwiferytoday.com/articles/index.asp)

Childbirth Connection: Helping women make informed decisions about maternity care  
[www.childbirthconnection.org](http://www.childbirthconnection.org)

International Cesarean Awareness Network (ICAN)  
[www.ican-online.org](http://www.ican-online.org)

